

KERALA UNIVERSITY OF HEALTH SCIENCES - Xth ATHLETIC MEET 2023-24

Organized by: Govt Medical College Kannur, Pariyaram

Venue : Khelo India Synthetic Track

20th, 21st & 22th May 2024

PROBABLE ORDER OF EVENTS *

20-05-2024 MONDAY

2.00 PM to 8.00 PM	Registration and Distribution of Bib numbers of Athletes
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6.25 AM – Flag hosting 21-05-2024 TUESDAY

6.30AM	10000 M Men & Women Final
8.00AM	Hammer Throw Women Final
8.10AM	1500M Men Final
8.10AM	Javelin Men Final
8.10AM	High Jump Women Final
8.10AM	Long Jump Men Final
8.10AM	1500M Women Final
8.15AM	110M Hurdles Men Final (Time Trial)
8.25AM	100m Hurdles Women Final (Time Trial)
8.35AM	100M Hurdles Women Heptathlon
8.45AM	100M Men Heats
8.55AM	100M Women Heats
9.00AM	Discus Throw Women Final
9.00AM	100M Men Decathlon
9.10AM	400M Men Heats(Time Trial)
9.20AM	400M Women Heats(Time Trial)
9.20AM	Shot Put Men Final
9.20AM	High Jump Women Heptathlon
9.20AM	Long Jump Men Decathlon
9.30AM	4x100MR Men Heats
9.40AM	4x100MR Women Heats

9.50AM	Shot Put Men Decathlon
INTERVAL	
3.30PM	Shot Put Women Heptathlon
3.30PM	Long Jump Women Final
3.30PM	High Jump Men Decathlon
3.30PM	100M Men Semi Final
3.40PM	100m Women Semi Final
4.00PM	200M Women Heptathlon
4.10PM	100M Men Final
4.15PM	100M Women Final
4.20PM	400 Men Decathlon
4.20PM	Discuss Throw Men Final
4.25PM	400M Men Final
4.30PM	400M Women Final
4.35PM	Assembly and March Past of Athletes
4.45PM	INAGURAL CEREMONY
5.30PM	4x100M Relay Men Semi Final or (Direct Final)
5.40PM	4x100M Relay Women Semi Final or (Direct Final)
22-05-2024 WEDNESDAY	
6.30AM	20KM Race Walk Men Final
	5KM Race Walk Women Final
8.00 AM	Hammer Throw Men Final
8.00AM	Pole Vault Women Final
8.00 AM	Long Jump Women Heptathlon
9.00AM	5000M Men Final
	5000M Women Final
9.15AM	110M Hurdle Decathlon
9.20AM	200M Men Heats
9.30AM	200M Women Heats
9.00AM	Triple Jump Women Final
9.00AM	Pole Vault Men Final
9.35AM	400M Hurdle Men Final (Time Trial)
9.45AM	400M Hurdle Women Final (Time Trial)
10.00AM	Javelin Throw Women Final
10.00AM	800M Men Final
10.00AM	800M Women Final
10.30AM	200M Men Semi Final
10.35AM	200M Women Semi Final
	Discus Throw Men Decathlon

10.45AM	Javelin Throw Women Heptathlon
10.50AM	4x400M Relay Men Heats
11.00AM	4x400M Women Heats
11.00AM	Pole Vault Men Decathlon
INTERVAL	
3.00PM	Javelin Throw Men Decathlon
3.00PM	Triple Jump Men Final
3.00PM	200M Men Final
	Shot Put Women Final
	High Jump Men Final
3.10PM	200M Women Final
3.20PM	800M Women Heptathlon
3.30PM	1500M Men Decathlon
3.40PM	4x400M Relay Women Final
3.50PM	4x400M Relay Men Final
4.00 PM	CLOSING CEREMONY

- Athletes should report at the Call Room half an hour before their commencement respective events
- All the team managers should complete their registration procedure on 20th May 2024 itself.
- For Registration, Athlete should bring eligibility performa, copy of the entry form and KUHS ID card or bonafide certificate.
- Synthetic track specific running spikes or non - marking shoes are mandatory for participation.